

Building a Community Empowerment in Health and Well-being Network in Yorkshire & Humber

Development Sessions Notes

Meetings: **Session 1.** 20 April 2009
Session 2. 27 July 2009

Development Session One, 20 April 2009:

To explore the potential of proposals for a community empowerment in health and well-being network in Yorkshire & Humber

Record of the Session

1. Summary of Introductions:

Existing Networks	Aspirations for this Network
<ul style="list-style-type: none"> ▪ Local government involvement/LINKS ▪ RIEP/Communities for Health ▪ Workforce health networks ▪ BME and mental health networks ▪ Local Community Health Development network ▪ Workers Educational Association – Take Part ▪ Community Action Health/Expert Elders ▪ Pacesetters ▪ Ambulance Service 	<ul style="list-style-type: none"> ▪ Volunteering ▪ Sustainability ▪ Collective voice of communities ▪ Empowerment of staff, communities and organisations ▪ Looking for best practice ▪ Equity Impact Assessments ▪ Showing the impact of Empowerment ▪ Challenging Inequalities in the NHS ▪ Connecting at a regional level ▪ Sharing information

2. Priorities Exercise:

(Exercise to identify and priorities the purpose of the network)

Top Five Priorities:

1. Network of Networks
2. Sharing and articulating evidence of impact
3. Sharing best practice, information, training and resources
4. Provide a forum for community health champions/activists to have a regional voice
5. Build linkages and understanding across commissioning and empowerment.

Others:

- Work together to secure funding opportunities
- Work with Regional Health bodies to influence policy and practice
- Exchange visits
- Support local groups in understanding health agenda
- Shared training opportunities
- Connect local people to council/cllrs
- Website with useful links
- Needs a sub-regional focus
- Connecting a wide group of people through a contact list
- Communities of interest who do not fit with geographical administrative boundaries
- Consultation mechanism for regional services
- Informal networking approach
- Developing social governance of public sector agencies – not experts/managers/government
- Promoting communities to care for each other – internationally
- Involvement of schools, children, pupils, in ideas around civil empowerment
- Support for holding Health Services to account

3. Scoping Groupwork

(Unpicking the priorities – issues, actions, considerations)

Network of Networks

- Support existing networks
 - Resourced by membership, e.g. casestudies, evidence stories
 - Or formal – regular meetings with workplan and agreed presentation – member led/member delivery/ hosting and admin shared
- Both regional and sub-regional focus
- Membership/members key
- Committed professionals and community activists
- Communications – member led
- Need good terms of reference – is this for all-comers or via recognised groups
- What support could community champion forum provide?
- Create up to date directory – on-line due to constant change.

Sharing and articulating evidence of impact

- Evidence for commissioners around effective empowerment interventions which would give clout to groups and enable sustainability
- Evidence of how to empower communities
- Definition of empowerment needed to evaluate impact
- What does empowerment mean to different audiences
- Evidence from different sources, e.g. anecdotal, empirical, research – different evidence for different purposes
- What works for who?
- In what circumstances? Not one size fits all.
- What is the evidence that community empowerment makes a difference? Role of community development?
- How do we evaluate ‘empowerment’ – what outcomes are we interested in? Sharing tools and measures?

Sharing best practice, information, training and resources

- Understanding what is already out there – networks/activities
- Need to define community empowerment in health and well-being – a set of values and set principles to boundaries for the network
- Need to look at resources available
- Gather evidence to link to practice
- Need to link to PPI

Provide a forum for community health champions/activists to have a regional voice

- Often seldom heard groups are not from specific neighbourhoods
- Need to have a focus on communities of interest, e.g, transgender and long term conditions, e.g. diabetes, stroke
- Some links to deprivation, more research needed
- Some health issues due to environment
- Patient induction groups for chronic illness

Build linkages and understanding across commissioning and empowerment

- Evidence of needs – sharing, building, analysing, lobbying internally and externally
- Understanding potential market solutions and providers
- Understanding commissioning – what it means, what it is – training?
- A space for commissioners to learn from each other (listening forum and learning forum)

- Community commissioning – empowered devolved budgets – how do we realise issues like social return on investment, democratisation of NHS decision making (theoretical models; how do we conceptualise how we transact, what are the values, social governance that underpins the good we seek to deliver
- Timebank as a medium term solution?

4. Next Steps

Actions	When	Who
Produce notes of session and turn into outline specification	April/May	RD Altogether Better
<ul style="list-style-type: none"> Share emerging ideas for the network and feedback views and resourcing opportunities Connect in other interested partners including LINKS/PPI 	April – June	ALL
Develop survey for: <ol style="list-style-type: none"> Community activities/activists/community health champions Networks Commissioners to: <ul style="list-style-type: none"> scope out further ideas/interest/potential resources find out and share what is already out there 	May	JB/RD Touchstone Altogether Better
Send out survey link across networks	June	ALL
Feedback results	End of June	RD/JB Touchstone Altogether Better
Organize next development session to agree specification/share ideas and explore potential models/resources (Date of Next Session: 7 July 09)	End of June	RD/AH/MW COGS Altogether Better Regional Forum

Present:

Name	Role	Representing
Geoff Ainsley	Programme Manager 'Minding the Gap'	Bradford MBC
Rikki Arundel	Member	Regional Community Panel
Nurjahan Ali Arobi	Altogether Better	NHS Bradford and Airedale
Jon Beech	Community Development	Leeds Community Health Development Network Steering Group/ Touchstone
Chris Bem	Surgeon	Bradford NHS Teaching Hospitals Trust
Margaret Blenkinsop	Co-ordinator	LACO Eastern European Migrants Project
Elizabeth Brookfield	Public Health	Bradford MBC
Roz Davies	Programme Director	Altogether Better
Peter Foyle	Healthier Communities Co-ordinator	Voluntary Action Wakefield District

Sarah Frost	Learning Network Development Manager	University of York
Kathleen Harden	Organiser (Doncaster North & East)	Workers' Educational Association
Alison Haskins	Deputy Director	Yorkshire & Humber Regional Forum
Joan Hubbard	Member/Community Activist	Sheffield Expert Elders/ Regional Community Panel
Graham Moore	Head of Partnership Commissioning Programmes	Bradford & Airedale Teaching PCT
BarbaraOkley		NTRCYH
Maria Perez	Community Development Manager	NHS Bradford & Airedale
Karl Portz	Equality & Diversity Lead	Yorkshire Ambulance Service
Sara Selmes	Yorks & Humber Work Place Health Co-ordinator	Sheffield Occupational Health Advisory Service
Linda Thornton	Centre Director	Boothferry Road Community Project
Judy White	Health Trainers/People in public health	Centre for Health Promotion
Rachel Woollen	Programme Officer (Altogether Better)	Sheffield City Council

Development Session Two, 7 July 09:

Building the community empowerment in
health and well-being network in Yorkshire & Humber

Record of the Session

1. The Scope of the Network

The group acknowledged that we have five key priorities but need to articulate a shared overarching purpose/goal and need to build a shared understanding of what we mean by empowerment.

Key points about the shared purpose from the discussion included:

- Giving out an evidenced message that 'empowerment works'
- Influencing regional decision making and commissioning bodies
- Giving communities a voice, putting communities in the driving seat, increasing citizenship and control
- Synergising the wealth of community empowerment in health and well-being activities
- Networking
- Sharing evidence, resources, best practice
- Collaborating and enabling a shared regional understanding of the impact on health of community empowerment and challenging the system.

PROPOSED PURPOSE:

The purpose of the Y&H Community Empowerment in Health and Well-being Network is to build the capacity to empower communities to improve their own health and well-being

Five priorities agreed by the network are listed below with potential outcomes:

Priority Activity 1. Building a Network of Networks

- * Easier access to the wealth of activities we have in this region
- * More efficient and effective approach across networks

Priority Activity 2. Sharing and articulating evidence of impact

- * Improved commissioning and delivery of empowerment activities
- * A stronger rationale for resourcing and sustaining empowerment activities

3. Sharing best practice, information, training and resources

- * Improved commissioning and delivery of empowerment activities
- * Save cost and time resources

4. Providing a forum for community health champions/activists to have a regional voice

- * Improved services and activities
- * Improved civic participation

5. Building linkages and understanding across commissioning and empowerment

- * Improved and more systematic commissioning and delivery of empowerment activities

5. Organising the Network: Practicalities

Capacity to organise network session

Altogether Better and COGS have been organising the sessions up to now. Capacity within both those organisations is stretched and although they are able to put some time and resources into the network, further support is required.

Altogether Better put forward a request for other partners to commit to supporting the network as appropriate.

There is an opportunity to secure a small amount of funding from the Regional Empowerment Partnership to fund administration support, e.g. booking room, sending out papers etc.

ACTIONS AGREED:

- Regional Forum will explore the potential of hosting the administration support for the network.
- Altogether Better will submit proposals for network funding on behalf of the network.
- Next session will be carried out using the 'Open Space' method led by Alison Haskins and Jon Beech using the outline of the five priorities previously agreed.

Date of Next Session 5 October 2009

- Key activities will be led and delivered by individual/groups of members as appropriate

6. Key Activities relating to the Network

Lead Partner/s	Activity	Actions Notes for Network
Jon Beech	<p>P5: BUILDING BRIDGES ACROSS COMMISSIONERS AND DELIVERY AGENCIES</p> <p>Designing a survey to:</p> <ul style="list-style-type: none"> Engage and find out more about individuals, activities and commissioning practices relating to community empowerment in health and well-being across the region <p>Will look at needs, aspirations, capacity to contribute and interests.</p>	<p>Draft survey will be developed for comments</p> <p>Network members to help to disseminate</p>
In-Control, John Gillespie	<p>P3: SHARING BEST PRACTICE, INFORMATION TRAINING AND RESOURCES</p> <p>Presentation on the organisation 'In-Control' and new activities in the region.</p>	<p>In-Control have been funded through the Regional Improvement and Efficiency Partnership to deliver a small sparks grants programme which will involve giving grants of up to £2.5k to deliver community activity.</p>

WEA, Tony	<p>P3. SHARING BEST PRACTICE, INFORMATION, TRAINING AND RESOURCES</p> <p>The WEA are leading a partnership application for Transformation Funding. The bid aims to co-ordinate community health education across the region. Other Partners include Altogether Better, In-Control and the Regional Forum</p>	This work fits within the remit of the network
Minding the Gap, Geoff Ainsley	<p>P1. BUILDING A NETWORK OF NETWORKS</p> <p>There is an opportunity to hold a 'network of network' event designed to:</p> <ul style="list-style-type: none"> ▪ enable a snapshot showcase of the key community empowerment in health and well-being networks in the region ▪ promote better connecting up of key networks at a local and regional level, e.g. LINKS, Altogether Better, Health Trainers 	Minding the Gap and Altogether Better to meet to further develop this idea.

Present:

Name	Role	Representing
Geoff Ainsley	Programme Manager 'Minding the Gap'	Bradford MBC
Rikki Arundel	Member/Community Activist	Regional Community Panel
Jon Beech	Community Development	Leeds Community Health Development Network Steering Group/ Touchstone
Alan Crack		Voluntary Action Wakefield
Roz Davies	Programme Director	Altogether Better
Sarah Frost	Learning Network Development Manager	University of York
John Gellespie	Lead for In Community	In-Control
Tony Harrison	Organiser for Sheffield	Workers' Educational Association
Alison Haskins	Deputy Director	Yorkshire & Humber Regional Forum
Joan Hubbard	Member/Community Activist	Sheffield Expert Elders/ Regional Community Panel
Pippa Robson		Healthy Communities Collaborative
Janet Thornton	Member	Regional Community Panel



National
Empowerment
Partnership



Mailing List

(Individuals and Organisations who have expressed an interest in the Network)

DRAFT

Name	Job	Org
Alison Haskins	Deputy Director	Yorkshire & Humber Regional Forum
Ann Auld	Activities & Volunteer co-ordinator	Boothferry Road Community Project
Audrey Croft	Project Manager	Sheffield Healthy Eating
BarbaraOkley		NTRCYH
Chris Bern	Surgeon	Bradford NHS Teaching Hospitals Trust
Elizabeth Barnard	Scrutiny Commission Advisor	Barnsley MBC
Elizabeth		
Brookfield	Public Health	Bradford MBC
Geoff Ainsley	Programme Manager 'Minding the Gap'	Bradford MBC
Geoff Dart	Project Manager, (Health Trainers)	Offender Health and Social Care, Wakefield
Graham Elliot	Member	Eastfield PACT
Graham Moore	Head of Partnership Commissioning Programmes	Bradford & Airedale Teaching PCT
Jane Jefferson	Mental Health Project Facilitator	Doncaster PCT
Jasmine Warwick		Voluntary Action Sheffield
Jennie Pearce	Commissioning Manager	NHS Barnsley
Joan Hubbard	Member/Community Activist	Sheffield Expert Elders/ Regional Community Panel
John Gillespie	Community Development	in Control Partnerships
Jon Beech	Community Development	Leeds Community Health Development Network Steering Group/ Touchstone
Jon Burke	Health & Social Care Partnerships Officer	Voluntary Action Kirklees
Judy White	Health Trainers/People in public health	Centre for Health Promotion
Karl Portz	Equality & Diversity Lead	Yorkshire Ambulance Service
Kathleen Harden	Organiser (Doncaster North & East)	Workers' Educational Association
Kerry Wright	Boothferry Road Community Project	Avocet Trust
Kieron Williams	Health Partnership Manager	Sheffield City Council
Linda Thornton	Centre Director	Boothferry Road Community Project
Malcolm Rutt	LINKS	YHIP
Mandy Wilson		COGS



National Empowerment Partnership

Margaret
Blenkinsop
Maria Perez
Matt Livingstone
Michele Clarke
Mike Chitty
Nigel West
Nurjahan Ali Arobi
Pat Spedding
Peter Foyle
Rachel Woollen
Razwanah Alam
Rikki Arundel
Roz Davies
Ruth Marsden
Sara Selmes
Sarah Frost
Susan Oliver
Zoe Thompson

Co-ordinator
Community Development Manager

Commissioning Manager
Consultant, adviser
Community Health Champions Network Coordinator
Altogether Better
Cluster Development Manager
Healthier Communities Co-ordinator
Programme Officer (Altogether Better)
Coordinator
Member
Programme Director
Vice Chair
Yorks & Humber Work Place Health Co-ordinator
Learning Network Development Manager
Project Delivery and Development Manager
Health Development Officer



LACO Eastern European Migrants Project
NHS Bradford & Airedale

Doncaster PCT
Freelance Enterprise
Sheffield Well-being Consortium
NHS Bradford and Airedale
Inner North West Hub
Voluntary Action Wakefield District
Sheffield City Council
Bradford Health Network
Regional Community Panel
Altogether Better
NALM
Sheffield Occupational Health Advisory Service
University of York
Humber and Wolds Rural Community Council
Kirklees Council